

WELCOME TO CHAMPIONEERS!



LESSON #2

Grades K-1

By Deanna Rhinehart

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CHAMPIONEERS!
CAVEMAN ROCK

Lesson Two

Grades K-1

Copycat-Chameleons

- Key: Leaders are Confident
- Concept: Conformity

Class Agenda

1. Greetings
2. Review
3. Sing & Swing: Quarry Rock
4. Video: Lesson #2 Conformity
5. Activity: Dino-Dough Race
6. Sing & Swing: Quarry Rock
7. Video: Episode #2 Fishing Makes...
8. Review
9. Leadership Challenge:
Make Dino-Dough

Materials

- Play dough

Objectives

- Video: Fishing Makes the World Go Round
- Song: Quarry Rock
- Lesson: Be Yourself
- Game: Dino-Dough Races
- Challenge: Make Dino Dough

In a Nutshell

Greetings. Watch Bonus video about the chameleons and discuss how we can change how we act around different people. Video lesson #2, Conformity Lesson. Champ Chat. Leadership lesson: Make Dino-Dough!



Lesson Two - Quick View

	ACTIVITY	TIME	OBJECTIVE	ACTION
1	Greetings	2 min	Set the tone for your class. Students share Adventure Theater episode #2. Discuss possible conclusions	<i>Champions! Roll Call.</i> Remember to practice quickly finding your spot in circle time and racing to be the first to sit correctly when music stops.
Bonus	Video: Chameleons	1 min	Intro to Conformity	Show Bonus Video: Chameleons and discuss how people can act different around different people.
2	Video: Leadership Workshop #2	3 min	Copy-cats or copy-rats?	Dino-Dough
3	Leadership Workbook	5 min	Pages 12-15 Grades K-1 Pages 12-13 Grades 2-6	I'll be me and you be you – that's what makes us rock!
4	Champ Chat	3 min	Reinforce	What is an example of good copying? What is an example of bad copying? How can you tell the difference?
5	Leadership Challenge	1 min	Reinforce conformity lesson.	Leaders are confident in who they are. Make Dino-Dough and share the lesson of the chameleon with your family.

Adventure Theater Recap: Episode #2

Al-x and his friends talk about the Big Annual Fishing Derby coming up and what a big deal it is for cavemen to be the best at fishing. Al-x remembers how he used to go fishing with his dad. Everyday his dad would take him and his friends to the

Quarry Rock fishing pond to practice fishing. Everyone else got fish, but Alex never did. Make a really big deal out of Al-x never getting a fish, EVER! (For some reason the kids really identified with this and the more we emphasized it, the more into the story they got.)

1. Greetings

Champions! Roll Call then immediately go into review without explanation. Just go right into it with high energy. Show students what to do, don't tell.

BONUS

BONUS: Chameleons

Discuss how chameleons change their color depending on what they're around. Share that people can be like that too...not our skin changing, but how we act can change. It's easy to conform to those you spend the most time around. Ask yourself:

- "How do my friends affect me?"
- Do they influence me for the better, or for the worse?"
- "Do my friends make good choices, or not very good choices?"
- Do I want to act like them?"

LESSON

2. Video: Leadership Workshop Dino-Dough!

You can even make Dino-Dough in class for a fun activity.

WORKBOOK

3. Leadership Workbook:

Conformity

Pages 12-15 Grades K-1

Pages 12-13 Grades 2-6

Don't be a chameleon-copy-cat!

CHAMP CHAT

4. Champ Chat:

- What is an example of good copying?
- What is an example of bad copying?
- How can you tell the difference?

CHALLENGE

5. Leadership Challenge: The Dino-Dough

Encourage students to make Dino-Dough at home and share with their parents what they learned about copying others. When is it good, and when is it bad?